

# **Evaluation of Performance of Dry Powder Inhaler Formulations by Laser Diffraction**

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## Introduction

One of the most challenging aspects of drug delivery to the lungs is the cohesiveness of micronized particles, which impacts powder dispersion and, subsequently, aerodynamic performance.

Because the dispersibility of powders greatly impacts aerodynamic performance it is important to characterize these powders. Laser diffraction (dry dispersion) has previously been utilized to characterize the dispersibility of agglomerates of drug and an excipient (lactose) [1] and attempted to

# **Results and Discussion**

### **Determination of the rate of de-agglomeration**





predict correlations with the aerodynamic performance results obtained from cascade impaction testing [2]. However, the methodology needs validation with cascade impaction results and assessment of the dispersion pressure and cut-off particle size that best fits the product in question.

Therefore, we propose a new laser diffraction methodology (dry dispersion) to evaluate the aggregation state and powder dispersibility of Dry Powder Inhaler (DPI) formulations, which correlates with performance. The rate of deagglomeration of powders is determined by Sympatec, as a function of dispersion pressure, and used to establish correlations with performance for different formulations and types of formulations.

# **Materials and Methods**

### **1. Materials**

#### Composite particles

Micronization

MILL /

- Process: Wet Polishing (water)
- High-pressure homogenizer for micronization



Cyclone

GRINDING

NOZZLES

PARTICLES OUTLET



Figure 1. Sympatec pressure curve data (Composite particles – 10% leucine).

Figure 2. Sympatec pressure curve data (Co-milling Blend 1).

- Spray drying of API suspensions with leucine
- Particles containing 0; 5 and 15% leucine
- PSD (micronized API): Dv90 of 4.5 µm

#### **Co-milled formulations**

- 2 diferent excipientes, 1 API
- Low shear mixing followed by jet milling
- 3 blends (89-99% w/w API content)
- PSD (micronized API): Dv90 4-6 µm

### 2. Methods

#### Aerodynamic performance evaluation (by NGI)

•	PowdAir® dry powder inhaler	•	Controlled conditions (20-25 °C & 40-50% RH)
•	30 mg capsules	•	Quantification by HPLC
•	4 kPa for 4 L volume (n=3)	•	ED and FPF calculated with CITDAS.





• Good linear correlations between the emitted dose and the rate of de-aggregation.



#### Particle size distribution determination (Sympatec)

- Helos/Rodos/Aspiros (Sympatec)
- R2 lens (composite particles) and R1 lens (co-milled formulations).
- Feed velocity: 50 mm/s
- Pressure: 0.1, 0.3, 0.5, 0.7, 1, 2, 3 and 4 bar (also 5 bar for composite particles).
- Tendency for increase in ED with lower de-agglomeration rates.
- No linear correlation nor tendencies were found between de-agglomeration and FPF, for co-milling formulations (short FPF range 12.3-18.9 %).

# Conclusions

- The rate of de-aggregation and the pressure required for complete de-aggregation seem to correlate well with the ED and FPF, respectively.
- The correlations found must be further demonstrated with a larger number and type of formulations to allow more data points available for the linear regressions performed.
- This methodology will be useful for ranking powder formulations based on their dispersibility, in early-stage formulation screening. Despite its potential, the methodology does not intend to predict aerodynamic performance since that is dependent on many other factors such as the type and resistance of the device, capsule, air flow etc.

[1] Jaffari S, Forbes B, Collins E, Barlow DJ, Martin GP, Murnane D. Rapid characterisation of the inherent dispersibility of respirable powders using dry dispersion laser diffraction. Int J Pharm 2013;447:124–31 [2] Arevalo F, Tignor SE, Sellers S. Using Dry Dispersion Laser Diffraction to Assess Strength and Dispersibility in Spheronized Agglomerate Formulations. RDD 2022 Respiratory Drug Delivery, Omni Orlando ChampionsGate, Florida: RDD Online; 2022, p. 273-6.